



# Prom Season is Here



**Whatever your plans, wherever your destination, we want you to have fun and be safe on prom night.**

## TIPS FOR TEENS

**Pay Attention:** Distracted driving, especially texting or using social media while driving, is a common cause of crashes. Passengers can also be a distraction. Keep your hands, eyes, and mind on the road.

**Slow Down:** Faster speeds rob drivers of the extra reaction time needed to avoid a crash. Speeding is especially dangerous for young drivers, their passengers, and others on the road.

**Stay Alert:** Prom usually ends late, and after-parties can end much later. Make sure you get home before exhaustion hits or work out a plan with friends to stay the night in a safe place, so you won't be driving drowsy.

**Buckle Up:** Remember to buckle up, every trip, every time, and ask your passengers to do the same.

**Drive Sober:** It is illegal for people under the age of 21 to consume alcohol, and it is illegal to drink or use marijuana and drive.

## TIPS FOR PARENTS

**Hire a Ride:** Talk to other parents about hiring a chauffeur. Teen drivers are already distracted by the excitement of the evening, and knowing they're in the hands of a capable driver will bring you peace of mind and help keep the roads safe.

**Set the Rules:** If your teen driving to prom, talk to him/her about safe driving habits, and what behavior is expected when he/she is behind the wheel. Remember that many States' graduated driver licensing laws restrict the number of passengers they are legally allowed to have in their car.

**Open Your Home:** Prom night is a late night. Encourage your teen to ask friends to spend the night to keep them off the roads. Provide plenty of snacks and non-alcoholic beverages to facilitate a sober night of fun.

**Be the Example:** Your kids are paying attention, so model good habits every time you drive. Practice what you preach and put down your cell phone, buckle your seat belt, and always obey traffic laws